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**DEPARTMENT OF PHYSIOLOGY**  
**A J Institute of Medical Sciences**  
**and Research Centre**

Kuntikana, Mangalore - 575004

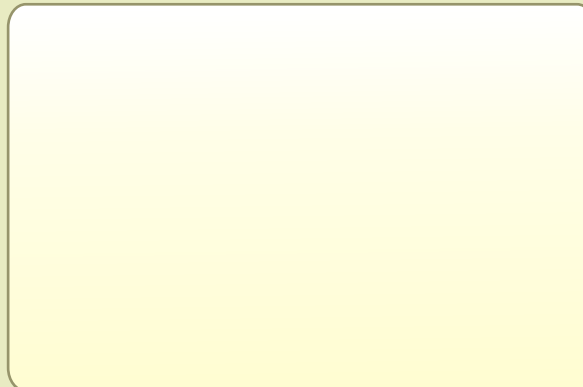
**Contact**

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**CONTINUING MEDICAL**  
**EDUCATION PROGRAM**

To,

Book-post



**A J INSTITUTE OF MEDICAL**  
**SCIENCES & RESEARCH CENTRE**

MANGALORE, KARNATAKA

**Department of Physiology**

*We cordially invite you  
all to be a part of the*

**Continuing Medical Education  
Program**

**STRESS, RELATED DISORDERS  
AND ITS MANAGEMENT**

**Date :**  
**On 15 January 2015**

**Venue:**  
**Auditorium, AJIMS & RC, Mangalore**



# Continuing Medical Education Program

## Stress, Related Disorders and its Management

Date: 15 January 2015

Venue : Auditorium, A J Institute of Medical Sciences and Research Centre

### PROGRAM SCHEDULE

8.15 a.m. to 9.00 a.m. : REGISTRATION & BREAKFAST

9.00 a.m. to 9.30 a.m. : INAUGURATION

Sl. No.	Talk	Speaker	Speaker Details	Time
1.	Physiology of Stress	Dr. Harsha HN	Professor of Physiology KS Hedge Medical Academy, Deralakatta, Mangalore	9.40- 10.30 am
2.	Biochemistry of Stress	Dr. Poornima Manjrekar	Professor & Head of Biochemistry Kasturba Medical College, Mangalore.	10.35 - 11.25 am
3.	Stress related disorders and its management	Dr. Prabha Adhikari	Professor of Medicine Kasturba Medical College, Mangalore	11.30 - 12.20 pm
4.	Stress induced behavioral disorders	Dr. Kiran Kumar	Professor of Psychiatry A J institute of Medical Sciences and Research Centre, Mangalore	12.30 - 1.20 pm

LUNCH BREAK 1.30 - 2.15 pm

5.	Yoga as a stress buster	Dr. Ravindra P N	Professor & Head of Physiology Gadag Institute of Medical Sciences, Gadag	2.30 - 3.30 pm
6.	Coping with stress	Prof. Clement D'Souza	Former Professor of Economics St. Agnes College, Mangalore	3.35 - 4.40 pm

For registration please visit [www.cmephysiology.blogspot.in](http://www.cmephysiology.blogspot.in)

Registration fee : Student and PGs : Rs. 200/  
Staff : Rs. 400/-

DD in favour of **Physiology CME AJIMS**, payable at Mangalore

NEFT Details: Account No: 8633101403938; IFSC code: CNRB 0008633;  
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We have applied for CME Credit Hours from KARNATAKA MEDICAL COUNCIL