



REGISTRATION :
Date: Before November 3rd 2018



To

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Registration Fees ₹ 200/-

*Note: 2 credit hours by Karnataka
Medical Council will be allotted if
registered before November 3rd, 2018*

CME
On
CONTRACEPTION
NEED OF THE HOUR

9th November 2018 Friday 8am
College Building , Auditorium II,
3rd floor AJIMS

ORGANISED BY

DEPARTMENT OF OBG



AJ Institute of Medical Sciences & Research Centre

AND



Mangalore Obstetrics And Gynaecological Society

Greetings from

OBG DEPARTMENT AJIMS&RC...

Population explosion is not only detrimental to the country but also the natural world at large. Hence, there is a dire need for family planning in India, particularly Dakshina Kannada District, which ranks low in Karnataka in adopting contraceptive practices. Family planning secures wellbeing and autonomy of women, while supporting the health and development of the community. This CME is intended to create awareness and disseminate knowledge to the stakeholders.

Regards.

ORGANISING COMMITTEE :

Dr Kavitha D'Souza
HOD, Dept of OBG, AJIMS & RC

Dr Vatsala Kamath
Professor, Department of OBG
AJIMS & RC
Organizing Chairperson and
President, MOGS

Dr Pramodha Laxman
Organizing Secretary

Dr Nishita Shettian
Treasurer

PATRONS

Dr. A. J. SHETTY
President, Laxmi Memorial Education Trust

Smt Sharada J Shetty
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Dr Prashanth Marla
Medical Director, AJHRC

Smt Ashritha P Shetty
Director, LMET

Dr (Mrs) Amitha Marla
Director Medical Administration
AJHRC

Dr Ashok Hegde
Dean
AJIMS & RC

PROGRAMME DETAILS

8:00 to 8:30am **REGISTRATION**

8:30 to 9:00am **BREAKFAST**

Session I: Chairpersons: Dr SR Nayak, Dr Vrinda Shetty

9:00 to 9:30am **Contraception: Current Scenario in India.**
Dakshina Kannada Where do we stand?

Dr Rashmi Kundapur
Associate Professor, KSHEMA

9:30 to 10:00am **Natural and Barrier Methods of Contraception**
'Thought for the moment'

Dr Shannon Fernandes, Associate Professor
Father Muller Medical College

10:00 to 10:20am **Inauguration by Chief Guest**

Dr Rama Krishna, DHO, Dakshina Kannada

Session II: Chairpersons: Dr Lakshmi Manjeera, Dr Vatsala Kamath

10:20 to 10:45am **Government-Private Partnership in Contraception**

Dr Sikandar Pasha
District Family Planning Officer

10:45 to 11:15am **IUCD Workstation**

Dr Amritha Bhandary, Professor, AJIMS & RC

Session III: Chairpersons: Dr Latha Sharma, Dr Mahesha Navada

11:15 to 11:45am **PPIUCD**

'Right Intervention at the Right Time'

Dr Poornima J., Senior Specialist,
Community Health Centre, Mulky

11:45am to 12:15pm **Gist of OCPs**

Dr Mohan Bhat, Asst. Professor
Yenepoya Medical College

Session IV: Chairpersons: Dr Kavitha D'Souza, Dr Geethprakash

12:15 to 12:45pm **LARC**

Dr Ravikanth, Asst. Professor
KVG Medical College, Sullia

12:45 to 1:15pm

Contraception in Different Scenarios

Dr Sharan Pal, Associate Professor
KMC, Mangalore

1:15 to 2:15pm

LUNCH BREAK

Session V: Chairpersons: Dr Vasanthi Shetty, Dr Navinchandra Nayak

2:15 to 3:00pm **Contraception: Whats New and**
What the Future Holds

Dr Shripad Hebbar, Professor, KMC, Manipal

3:00 to 3:45pm

Sterilization

'Say No to Population Explosion'

Dr Manjunath Kamath, Consultant, AJHRC

Session VI: Chairpersons: Dr Sally Mary Abraham, Dr Rekhathala

3:45 to 4:15pm **CAPSULES**

Essure - 'How Safe'

Dr Joylene D'Almeida, Asst. Professor,
Father Muller Medical College

Emergency Contraception

'Pop a Pill to Avoid the Kill'

Dr Anitha S., Senior Resident, AJIMS

4:15 to 4:30pm

QUIZ

Dr Veena Bhagavan, Asst. Professor, AJIMS

4:30 TO 5:00PM

VALEDICTORY FUNCTION