

A.J INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE, MANGALURU

Kind Attention – 2018-19 Batch Undergraduate Students

- All the Books recommended by the department of Anatomy, Physiology & Biochemistry and required instruments made available on the day of Orientation at College office.

Total Cost of the Books	Rs. 6000.00
Cost of the required Instruments	Rs. 1100.00

- The required stationary and other items are available in the “**AJIMS Stationary Shop**” at AJIMS&RC Campus (In front of Food Court).
- The Time Table and Orientation Programme schedule is attached here with.

HOSTEL

- The Hostel allotted list enclosed herewith.
- The Bed, Pillow, Bucket and Mug also available at Hostel with discounted rate (copy enclosed)
- The Hostel students required to bring Bed Sheet and Pillow Cover.

A.J. INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE, MANGALURU

"Welcome to A.J. Institute of Medical Sciences & Research Centre"

Dear Fresher,

First of all, I am very happy to see that you are one of the student in this fresh batch and wish you all the best.

Please find enclosed herein the first MBBS Time Table, Parents Teachers Interaction Schedule, Printed Leaflet containing Rules & Regulation of Anti-Ragging Committee and Squad Members Phone Number, E-Mail ID and other details for your information and to follow.

You are hereby assigned to one of our teaching Staff Member.

Please contact / meet the assigned staff at any time during working hours to discuss your problem if any.



(Dr. Ashok Hegde)
DEAN

DEAN

A.J. Institute of Medical Sciences & Research Centre
N.H. 66, Kuntikana, MANGALURU - 575 004
KARNATAKA, INDIA

A.J. INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE, MANGALURU

ORIENTATION & INDUCTION PROGRAMME

07.09.2018 - FRIDAY

Official Inaugural Function – Morning 09: 30 am
Parents moderators interaction

08.09.2018 – SATURDAY

Time	Topic	Speakers	Venue
09:00 am to 09:45 am	Introduction to Anatomy	The HOD of Anatomy	Lecture Hall - V (Biochemistry Department)
09:45 am to 10:30 am	Introduction to Physiology	The HOD of Physiology	
10:30 am to 11:15 am	Introduction to Biochemistry	The HOD of Biochemistry	
11:15 am to 11:30 am	Break		
11:30 am to 12:00 Noon	Talk on Anti Ragging	Dr. Manohar V.R, Professor of Pharmacology & Dr. Vikram S, Associate Professor of Anatomy	
12:00 Noon to 12:30 pm	Hostel Rules & Regulation	By Chief Warden	

10.09.2018 – MONDAY

Time	Topic	Speakers	Venue
09:00 am to 10:00 am	Medical Ethics	Dr. Ravi Vaswani, Professor, Internal Medicine & Faculty, Centre of Ethics, Yenepoya University	Auditorium - I
10:00 am to 11:00 am	Stress Management & Substance Abuse	Dr. Kiran Kumar, Professor, Department of Psychiatry, AJIMS&RC	Lecture Hall – V (Biochemistry Department)
11:00 am to 11:15 am	Break		
11:15 am to 12:15 PM	Attitude & Communication	Dr. Sushith, Professor & HOD, Department of Biochemistry, AJIMS&RC	
02:00 pm to 04:00 pm	Orientation to Community Medicine & Campus Tour	Dr (Brig) Hemant Kumar, Professor & HOD Community Medicine, AJIMS&RC & Departmental Staff	

A.J. Institute of Medical Sciences & Research Centre, Mangaluru

Boys Hostel - Room Allotted List (2018-19 MBBS Batch)

Sl. No.	Name of the Students	Room No.	Sl. No.	Name of the Students	Room No.
1	RAVIKIRAN N	G4	25	ASHRAY S SAGAR	G17
2	RAMAKRISHNA		26	NISCHAY SHARMA	
3	SHRIDHAR HOSAMANI	G5	27	NITIN BEN PHILIP	G18
4	SAMARJIT DEVADAS SHENOY Y		28		
5	MOHITH KRISHNA R	G6	29	SHIVAPRAKASH P	G19
6	NANDAN R SHETTY		30	SANJAY D	
7	AKARSHAN A	G7	31	ADHITH KANNAN S	G20
8	ASHISH (S/O. MR. RAJENDRA KAD)		32	SHRAVAN KUMAR SHETTY	
9	VISHNU	G8	33	ADITHIYA KRISHNAKUMAR	G21
10	AJAY I		34	DHYAN D	
11	ESHAN MACHANI	G9	35	ANKIT MALLIKARJUN MUDALAGI	G22
12	KUMARSWAMY		36	IRSHAD KABEER	
13	CHANDAN K R	G10	37	MAHESH YADAV	G23
14	TEJAS M RAO		38	N V SIDDHARTHA VADITYA	
15	SUDARSHAN L	G11	39	RISHIKESH	G24
16	VIVEK GIRIDHAR PAI H		40	VIPUL KUMAR	
17	AMIT BHAT	G12	41	KASHYAP ANAND	G26
18	H SWASTHIK RAO		42	AMOGH SHETTY	
19	ARAVIND R S	G13	43	AMOGH GOWDA H V	G27
20	ABHIRAM B C		44	ADARSH JOSEPH	
21	MANISH KUMAR	G14	45	LARRYTH REUBEN	G28
22	VINAY KUMAR		46	DEVESH TANWAR	
23	ASHISH (S/O. MR. RAMKARAN)	G16			
24	ABHINANDAN SHUKLA				

Note: The students can change their Rooms with mutual understanding within one month of taking the Hostel accommodation. After that, no requests for change of rooms will be entertained in the middle of the academic year. Request for single rooms will be considered only after the end of this month and based on availability.


Administrative Officer

A.J. Institute of Medical Sciences
NH-1 A.J. Institute of Medical Sciences
NH-17, Kuntikana, Mangalore - 575 004

A.J. Institute of Medical Sciences & Research Centre, Mangaluru

Girsl Hostel - Room Allotted List (2018-19 MBBS Batch)

Sl. No.	Name of the Students	Room No.	Sl. No.	Name of the Students	Room No.
1	RACHANA P	1	25	HALIMTH MAHZIRA	14
2	YUKTA L SHANKAR		26	TIPARANI V D D SAI RAM	
3	SUHANA PRABHU	3	27	SATHWIKAI RAI	15
4	BANDLA TOOMMY VAISHNAVI		28	SHRUNGA H A	
5	SHAMA SHARATH	4	29	MANALI HEGDE H	17
6	SHRAVYA		30	KSHAMA K M UPADHYAYA	
7	MADHUSWAPNA	5	31	ARCHANA KUMARI	18
8	SARASWATHI		32	MUSKAN RAJGADIYA	
9	PRAJNA P	6	33	ASHWINI N	19
10	NIDHI K		34	AMSHA SHETTY B	
11	MITHALI AMMEMBALA	7	35	AMULYA	20
12	APEKSHA S HEGDE		36	NAMYA ALVA	
13	DISHA UDAY SHETTY	8	37	ALKA YADAV	21
14	KRISHA SATISH SHETTY		38	ANWITA YASHASWI	
15	PAYAL MENON	9	39	GOUTHAMI	22
16	GITANJALI MANOJ		40	SAANIDHYA S SHETTY	
17	MALASA NAYAK	10	41	ADWAITHA REJITH	23
18	NAMITHA		42	SANDRA BETTY	
19	SHRAVYA U	11	43	KRISHNA PRIYA M K	25
20	RAKSHITHA R		44	VARSHINI R SHANKAR	
21	MATTI NAMRATA PRABHU	12	45	AASTHA VERMA	26
22	SHIVANI M		46	AKSHARA SHETTY	
23	SAHANA R INGALE	13	47	AJGAONKAR DHRUTI AMITANAND	27
24	SAHANA S		48	KAKARLA SHALINI REDDY	
			49	POORNADHARSHINI N	28
			50	SINDHURA B M	

Note: The students can change their Rooms with mutual understanding within one month of taking the Hostel accommodation. After that, no requests for change of rooms will be entertained in the middle of the academic year. Request for single rooms will be considered only after the end of this month and based on availability.


Administrative Officer

NAVEEN TRADING

LINKING TOWER

MARKET ROAD MANGALORE

TEL : 0824 2442475 MOBILE : 9008501605, 9620362717

1	DUROFLEX KURLO BED (4" THICHNESS) (ACCORDING TO THE COT SIZE)	
2	BUCKET	
3	MUG	
	TOTAL	4,600.00

DISCOUNT PRICE

FOR A.J. STUDENTS ONLY

Available @ Hostel Reception.

Rs.4,200/-

FOR ATTENTION OF ALL STUDENTS, INTERNS & PG STUDENTS



RAGGING IS TOTALLY PROHIBITED KINDLY MAKE US PROUD TO ANNOUNCE THAT OUR CAMPUS IS RAGGING FREE A. J. INSTITUTE OF MEDICAL SCIENCES, MANGALURU

Ragging is totally prohibited in the institution and anyone found guilty of ragging and/or abetting ragging, whether actively or passively, or being a part of a conspiracy to promote ragging, is liable to be punished in accordance with the regulations and as well as the provisions of penal law for the time being in force under section 26(1)(G) of the UGC Act 1956 called UGC regulations on curbing the menace of ragging in higher educational institutions 2009 & Dental Council of India Prevention & Prohibition of Ragging in Dental Colleges Regulations 2009.

Any Form of Ragging activities specified below are punishable as per law.

- Any conduct by any student or students whether by words spoken or written or by an act, which has the effect of teasing, treating or handling with rudeness a fresher or any other student.
- Indulging in rowdy or in disciplined activities by any student or students, which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student.
- Asking any student to do any act, which such student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student.
- Any act by a senior student that prevents, distracts or disturbs the regular academic activity of any other student or a fresher.
- Exploiting the services of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students.
- Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students;
- Any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person
- Any act or abuse by spoken words, emails, post public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student.
- Any act that effects the mental health and self confidence of a fresher or any other student
- With or without an intent to derive a sadistic pleasure or showing of power, authority or superiority by a student over any fresher or any other student.
- To address seniors 'Sir'
- To perform mass drills
- To copy class notes, records etc
- To do menial job for the seniors
- To ask/answer vulgar questions

- To look at pornographic pictures to 'shock the freshers out of their innocence
- To force to drink alcohol. Scalding tea etc.
- To force to do acts with sexual overtones, including homosexual acts.
- To force to do acts which can lead to physical injury / mental torture or death:
- To strip, kiss etc.
- To do other obscenities
- To perform or enact sexual acts

Punishments: The following will be the punishments for those who are found guilty of participation in or abetment of ragging. The quantum of punishment shall, naturally, depend upon the nature and gravity of the offence as established by the Disciplinary Committee or the court of law.

- Cancellation of admission
- Suspension from attending classes
- With holding/withdrawing scholarship / fellowship and other benefits
- Debaring from appearing in any test/examination or other evaluation process
- Withholding results/
- Debaring from representing the institution in any national or international, meet, tournament, youth festival etc.
- Suspension / Expulsion from the hostel
- Rustication from the institution for periods varying from 1 to 4 semesters
- Expulsion from the institution and consequent debaring from admission to any other institution
- Fine Rs. 1,00,000/-**
- All parents & students have to furnish the affidavits each year, failing which admission/continuation of students will be suspended and hostaliars will be sent out.
- Rigorous imprisonment as per Honorable Supreme Court or by a Court of Law

THE ABOVE RULES ARE APPLICABLE FOR ALL THE STUDENTS, INTERNS AND PG'S OF ALL THE COURSES OF LMET IN THE CAMPUS

MENTORS:

- | | |
|---------------------------|--------------------|
| 1. EVITANANDITAKARKETTA | 6. RAMITH P SHETTY |
| 2. MADHUPARNA CHAKRABORTY | 7. NEHAL |
| 3. KRITI BHAT | 8. ADITI SANTHOSH |
| 4. RAJATH KUMAR K | 9. DEEPAK M |
| 5. ABHINAVASUVARNA | 10. POORNA PRASAD |

Sd/-
DEAN

ANY INCIDENT OF RAGGING AS SPECIFIED, STUDENTS ARE HEREBY REQUESTED/DIRECTED TO CONTACT / INFORM ANY OF THE FOLLOWING ANTI RAGGING MEMBERS BY JUST AN SMS, EMAIL, CALL OR IN WRITING, WHICHEVER IS CONVENIENT.

Anti Ragging Committee	Designation		Email ID	Phone No.
Dr. Manohar V R	Professor	Chairperson	drmanasuva@gmail.com	9448857263
Dr. Shodhan Rao Pejavar	Assistant Professor	Convener & Member	shodhan.rao@gmail.com	8867857937
Dr. Sushith	Professor & HOD	Member	drsushith@yahoo.com	9448215315
Dr. Kalpana Shridhar	Professor	Member	kalpanasridhar@yahoo.co.in	9845277972
Dr. A.Amirtha Bhandary	Professor	Member	amirthabhandary@rediffmail.com	9343567853
Dr. Pradeep Ganiga	Professor	Member	pradeepganiga@yahoo.com	9845989750
Dr. Rajesh Rai	Associate Professor	Member	rajeshrai@gmail.com	9449814483
Dr. Aravind P	Associate Professor	Member	aravindpatha@gmail.com	9448127559
Dr. M B Prathima	Associate Professor	Member	mbprathima@gmail.com	9741112764
Dr. Pavithran P	Assistant Professor	Member	drpavithran@yahoo.com	9886261109
Dr. Kiran Kumar C	Assistant Professor	Member	kiransep12@gmail.com	9535530171
Dr. Prashanth K U	Assistant Professor	Member	prashanth1996@yahoo.com	9686917141
Ms. Shanthala Baliga	Lecturer	Member	shanthala_baliga@rediffmail.com	9880515817
Mr. Abhilash	PRO	Member	pavabhilash@gmail.com	9972919999
Mr. Dayananda Shetty	Administrative Officer	Member	shetty.dayananda@gmail.com	9448036675
Mr. A Amritha Kini	Advocate	Member	aakini@manuadvocates.com	9845543533
Dr. Arun Gopinath	III year PG	Member	drarungopinath@gmail.com	09847111116
Dr. Ashwin Chitabanu Nayak N	III year PG	Member	ashwinnayak03@gmail.com	9945391599
Mr. Akash	President Student Council	Member	akashk1096@gmail.com	9482593754
Mr. Abhinav Suvarna	Vice President Student Council	Member	abhinavsuvarna1@gmail.com	9141128949
Mr. Sumedh C	MBBS Student	Member	sumedh.chadaga@gmail.com	9731074182
Ms. Poorna Prasad	MBBS Student	Member	poorna.prasad9@gmail.com	8951894697
Ms. Ninada K C	MBBS Student	Member	kcninada18@gmail.com	9448602558
Ms. Sparidha Jain	MBBS Student	Member	sparidhajain11@gmail.com	8105475959
Mr. Vamsi Krishna	MBBS Student	Member	vamsinutuboina@gmail.com	8197930927
Ms. Harshitha N	MBBS Student	Member	harshitha0908@yahoo.com	9019035019
Mr. Tejas M Rao	MBBS Student	Member	tejasmr2000@gmail.com	9482467631
Ms. Shrayya M	MBBS Student	Member	shrayyapoojary05@gmail.com	9591248919
Ms. Sathwika Rai	MBBS Student	Member	sathwikarai27@gmail.com	8971740727
Dr. Bindusara Shetty	Parent	Member	mapshetty@gmail.com	9945992712

Anti Ragging Squad	Designation		Email ID	Phone No.
Dr. Vikram S	Associate Professor	HEAD	vikarade@gmail.com	9886679806
Dr. Smriti Shetty C	Assistant Professor	Member	smritishetty12@gmail.com	9886436290
Dr. Pradeep Senapathi	Assistant Professor	Member	pradzone@gmail.com	9964676761
Dr. Reshma S	Assistant Professor	Member	rrreshmakiran@yahoo.co.in	9845480008
Dr. Sanjaykumar B Revankar	Assistant Professor	Member	sanju_revankar@yahoo.com	8147337216
Dr. Shipra R Mulki	Assistant Professor	Member	shiprasmulki@gmail.com	9845273645
Dr. Anusha Rashmi	Assistant Professor	Member	anurash7@gmail.com	9483565969
Dr. Pavithra K	Assistant Professor	Member	pavithrak1611@gmail.com	9740943151
Dr. Sharath Kumar K	Assistant Professor	Member	dosharath@yahoo.co.in	9945684880
Dr. Vishwas K Pai	Senior Resident	Member	divika08@gmail.com	9845513748
Dr. Aravind Rai	Senior Resident	Member	arvinddefendor@gmail.com	9632842010
Dr. Vivek Pai	3rd Year Super Speciality PG	Member	daywalker.pai@gmail.com	9900555777
Mr. Harish Gowda	Physical Director	Member	harishgowda5679@gmail.com	9448300527
Dr. Sumanth Nayak	III Year PG	Member	bukk.sum@gmail.com	8147547590
Dr. Gautham N	III Year PG	Member	gauthamvpm@gmail.com	09446381110
Dr. Jyotsna B K	III year PG	Member	driyothsnbk@yahoo.com	9845670731
Dr. Varghese lybu Chacko	II year PG	Member	lybucv85@gmail.com	08606051857
Dr. Jibi Stephen George	III Year PG	Member	liffimathen@yahoo.in	8086533039

ANTI RAGGING HELPLINE - TOLL FREE No.: 1800 -180-5522 (24 Hours)