

A.J INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE
I MBBS 2019 -2020
FOUNDATION COURSE

Time	9-10	10-10.45	10.45-11.00	11.00-12.00	12.00-1.00	1.00-2.00	2.00-3.00	3.00-4.00	4.00-5.00	
01.08.2019	Inauguration and Orientation Programme					Lunch Break	White Coat Ceremony			
02.08.2019	Introduction to Medical Profession	Library/IT/Academic Dept			Campus Tour					
03.08.2019	Introduction to MBBS course- Rules and Regulations	Rules and regulations for university exams, attendance	Tea Break	Interaction with Pre and Para faculty – Mentorship programme			Computer Skills	Language		
04.08.2019	SUNDAY									
05.08.2019	Concept of Professionalism and Ethics		Tea Break	Functioning of a health care team		Lunch Break	Computer Skills	Language	Sports	
06.08.2019	Professional qualities of a physician	Being a medical student	Tea Break	Expectations of societies and patients from doctors			Why I want to become a doctor?	Experience by Interns		
07.08.2019	Introduction to alternate health systems	Health care delivery system	Tea Break	National Health Programmes			First Aid / Wound Dressing			

	Orientation		Enhancement of Language & Computer Skills		Extracurricular activities & Sports
	Professionalism and Ethics		Skills		Field Visits

Time	9-10	10-10.45	10.45-11.00	11.00-12.00	12.00-1.00	1.00-2.00	2.00-3.00	3.00-4.00	4.00-5.00
08.08.2019	Universal Precautions	Vaccinations, Biohazards	Tea Break	Hand washing techniques, Biosafety			Basic Life Support (CPR – Demo & Performance)		Sports
09.08.2019	Medical Etiquettes	Unethical Behaviour	Tea Break	Violence against Doctors, Medical Negligence			Basic Life Support (CPR – Assessment)		Sports
10.08.2019	Language						Introduction to AETCOM	Communication Skills	
11.08.2019	SUNDAY								
12.08.2019	GENERAL HOLIDAY –BAKRID								
13.08.2019	Interpersonal relationships	Leadership and team work	Tea Break	Nursing Care and Medicine		Lunch Break	Debate on Professionalism and Ethics		Sports
14.08.2019	Introduction to research	ICMR-STs project	Tea Break	Importance of General Knowledge in Medical Profession			Computer Skills		Sports

Yellow	Orientation	Green	Enhancement of Language & Computer Skills	Blue	Extracurricular activities & Sports
Orange	Professionalism and Ethics	Light Yellow	Skills	Grey	Field Visits

Time	9-10	10-10.45	10.45-11.00	11.00-12.00	12.00-1.00	1.00-2.00	2.00-3.00	3.00-4.00	4.00-5.00
15.08.2019	GENERAL HOLIDAY – INDEPENDENCE DAY								
16.08.2019	PSM- FIELD VISIT						Extracurricular Activities	Sports	
17.08.2019	Community Based Learning					Lunch Break	Biomedical Waste Management		
18.08.2019	SUNDAY								
19.08.2019	Career pathways during and after MBBS	Public awareness activities	Tea Break	Visit to Blood Bank and Central Diagnostic Lab	Lunch Break	Computer Skills	Sports		
20.08.2019	New learning and teaching methodologies		Tea Break	Evidence Based Medicine		Language	Sports		
21.08.2019	Field Visits						Extracurricular Activities	Sports	
22.08.2019	How to perform better in exams?		Tea Break	Maintenance of log book and portfolios		Language	Sports		
23.08.2019	Medical Writing		Tea Break	Medical Writing		Language	Basic Life Support (Ventilation and Use of AED)		

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24.08.2019	Self directed learning		Tea Break	Language			Fire Safety			
25.08.2019	SUNDAY									
26.08.2019	Patient consent	Confidentiality	Tea Break	Privileged Communication		LUNCH BREAK	Computer Skills	Sports		
27.08.2019	Yoga	Healthy Lifestyle	Tea Break	Nutrition			Extracurricular Activities	Sports		
28.08.2019	Group Learning	Learning Pedagogy	Tea Break	E-learning			Simulation based learning (Skill Lab)	Sports		
29.08.2019	Personal grooming, self care	Mental Health and Stress Management	Tea Break	Mental Health and Stress Management (contd)			Language	Sports		
30.08.2019	Simulation based learning (Skill Lab)		Tea Break	Simulation based learning (Skill Lab)			Simulation based learning (Skill Lab)	Sports		
31.08.2019	Needle/scalpel stick injuries		Tea Break	Self Defence Skills for Medical Professionals				Closing session with feedbacks and reflections		Sports

	Orientation		Enhancement of Language & Computer Skills		Extracurricular activities & Sports
	Professionalism and Ethics		Skills		Field Visits

FOUNDATION COURSE – DURATION IN HOURS

Modules	Total hours covered in the time table	Total Hours recommended by GMR
Orientation	30	30
Skills Module	35	35
Field Visits	8	8
Professionalism and Ethics	40	40
Sports and Extracurricular activities	22	22
Enhancement of Language/ Computer Skills	40	40
Total	175	175